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Geriatric Anxiety Inventory (GAI)

A simple scale for quickly screening older people for anxiety disorders.

Category

Social & Behavioural Sciences

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"I work with older adults, a majority of them have mild cognitive impairment and/or early stages of dementia. Therefore, when normally I have had difficulty in ascertaining levels of anxiety with previous measures, I am now able to use the GAI."

Anxiety is very prevalent in older people, but with dementia also presenting as a common illness in this group, mood disorders such as anxiety and depression can be overlooked because the symptoms can be very similar.

The Geriatric Anxiety Inventory (GAI) is a simple scale for quickly screening older people for anxiety disorders. It can be easily administered and scored by a range of clinical staff across a variety of health care settings.

Apart from being quick and easy to use, the GAI is the first clinically validated anxiety screening tool that can be used with normal older people and older people with mental health problems.

The GAI is a 20-item questionnaire that health practitioners administer to older patients. Topics covered include feelings of fearfulness, worry, physical symptoms of anxiety, and concerns about the impacts of worry and anxiety.

The GAI is also available in 'Short Form', as a 5-item questionnaire.

The GAI has been translated into 23 languages and used in over 33 countries around the world. These translations enable practitioners to ensure they are using the most appropriate language for their patients, accommodating nuances in local language expressions.

To obtain the GAI, please select the appropriate licence on the right-hand side.

A 12 month licence is available. To obtain this, select 1 Unit at check-out.

You can select your desired language and version at the check-out.

Translations are available for selection at check-out.

All orders also receive scoring information and journal articles describing the validation & development of the GAI.

References

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